



EMPIRIC CHOICE

Oseltamivir is used for the prevention of influenza infection as determined by Infection Prevention and Control. This may occur during an influenza outbreak or to prevent isolated nosocomial infection.

ROUTE

Enteral (PO/NG/OG)

DOSE

Creatinine clearance	Dose and Frequency
>60 mL/min	75 mg once daily
30-60 mL/min	30 mg once daily
10-29mL/min	30 mg every other day
<10 mL/min	30 mg once weekly
Patients receiving	Sustained low-efficiency dialysis (SLED): 30 mg after each dialysis session,
dialysis	consider 75mg once daily in continuous/24h SLED*
	Hemodialysis (HD), high-flux: 30 mg immediately, then 30 mg after each
	hemodialysis session
	Peritoneal Dialysis (PD): 30 mg once weekly
	Continuous Renal Replacement Therapy (CRRT), high-flux: 30 mg once daily

*Limited data extrapolated from treatment dosing

DURATION

- Prophylaxis: until influenza outbreak declared over and/or as recommended by Infection Prevention and Control, usually 8-10 days
- Patients with CrCl < 10 ml/min or those receiving PD, once weekly dosing provides sufficient exposure. If therapy is to continue beyond 7 days, repeat dosing is required.</p>

ALTERNATIVES FOR ALLERGIES

Allergy to oseltamivir is uncommon. If present, consultation should be obtained from Infectious Diseases (ID)

COMMON ORGANISMS

Influenza A and B

CURRENT RESISTANCE ISSUES

Drug resistance is rare but, if considered, consultation should be obtained from Infectious Diseases (ID)

IMMUNOCOMPROMISED HOST CONSIDERATION

Immunocompromised patients may be especially vulnerable to influenza infection and should be monitored for signs and symptoms of influenza despite taking oseltamivir prophylaxis.

ADDITIONAL DIAGNOSTIC AND THERAPEUTIC COMMENTS

- Prophylaxis with oseltamivir is not universally effective. Treatment with oseltamivir is warranted should influenza occur while on prophylaxis.
- While both baloxavir marboxil and peramivir are newly available in Canada, clinical use criteria are not yet available and neither drug is on formulary at Sinai Health or University Health Network





REFERENCES

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- 3. Aoki, F.Y., et al., 2021-2022 AMMI Canada guidance on the use of antiviral drugs for influenza in the COVID-19 pandemic setting in Canada. J Assoc Med Microbiol Infect Dis Can, 2022. **7**(1): p. 1-7.
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